



25th September 2008

Beauty Beat

We solve all your beauty dilemmas

GLAM ROCK

Berry lips and deep, dark eyes, take centre stage, in a look where goth meets punk rock.

Strike a pose in autumn's sassiest make-up look. Berry lips in shades of fuchsia, dark cherry, raspberry and blood red, make a statement, while dark, gothic eyes, smoulder in deep greys, purple and gold.

FACE

Take your time to create a good base, which will give you a canvas. **The Body Shop Moisturising Foundation, £12**, has a lightweight, long-lasting formula, with SPF 15, that provides a light to medium coverage, for a flawless finish. Apply **Bourjois Paris Brush Concealer, £6.50**, over dark circles and eyelids for a radiant look. Then apply **The Body Shop Cheek Blush, in Golden Pink, £8.50**, to the apples of your cheeks for a rosy glow.

EYES

Using **Marks & Spencer Autograph Colour Mousse Eyeshadow, in Nightshade, £9.50**, create a base for your eyeshadow. This

take the line to the outer corner of the eye, ending about 1/2cm (1/2inch) higher than the corner of the eye with a flick to elongate the eye. Then fill in the triangle shape that's left. **Marks & Spencer Autograph Liquid Eyeliner, in Plum, £7.50**, really tones in with the rich hues. Build up glorious, lustrous lashes with an intense black mascara like **GOSH Volume Mascara, in Black, £7.50**.

LIPS

Lips should be beautifully defined, and rich in colour. Use **Marks & Spencer Autograph Anti-feathering Lipstick, in Deep Purple, £9.50**, as a matt stain applied in the middle of the lip, then blured outwards so they're almost bud-like. If you prefer a gloss finish, slick on **Rimmel London Shock Gloss, £3.99**, which really vamps up your lips, and has a handy spatula applicator.

Q&As

A year's supply of Naturint, worth £90, for every question published

Write to FREEPOST FULL HOUSE! or email beauty@fullhousemagazine.co.uk

Best Buy OF THE WEEK

Transform your nails with a few coats of this mesh-like deep purple-coloured polish. **Marks & Spencer Autograph Ultimate Wear Nail Polish, in Nightshade, £7.50**, is long-lasting and chip-resistant, perfect for the rock chick look.

STUCK ON YOU

I colour my own hair, but I'm usually left with stains on the skin around my hairline, which can take a couple of days to fade. How can I get rid of them quicker?

Sam Thomas, Brighton, Sussex

When you colour your hair, slick **Vaseline**, (99p for 200g) on the skin all around your hairline - this will stop the colour getting on your skin. Then simply wash off the Vaseline after you've dyed your hair.

STOCKISTS: The Body Shop 01903 844 554 Bourjois 0800 369 836 GOSH at Superdrug 0208 684 7000 Marks & Spencer 0845 322 1234 Naturint 0845 631 8123 Nightly Detox www.nightlydetox.com Rimmel London at Boots 0845 070 0300 Ruby & Millie at Boots 0845 070 8000 Vaseline at Boots 0845 070 8000

WE TRIED

Foot detox patches

Nightly Detox Five Night Intensive Detox Foot Patches, £26.95.

'Place a patch on the sole of each foot before bed. If you wriggle lots in your sleep, wear socks over them!

'The patches go on clear and dry at night but, by morning, they're both brown and moist.

'You'll need to wash after removing them, as your feet will be sticky.

'Complete the course for five nights. I'm not sure how much they worked, but I felt more awake and alert during the day, which is great!'

Sarah, Wivenhoe, Essex

10 Cleansing Patches Included Gives Energy & Vitality www.nightlydetox.com

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